Do you have suggestions to improve AlohaCare?

AlohaCare has a Member Advisory Committee (MAC) where you can share your feedback with us! We are looking to recruit volunteers on all our islands to participate. As a volunteer, you can give us your input on how we can improve our services. You will be an important spokesperson for other members like yourself. If you are interested in learning more, please email marketing@alohacare.org and a staff member will reach out to you.

Do you have suggestions to improve AlohaCare?

AlohaCare Basic Adult Dental

AlohaCare works hard to make sure you receive quality care in a timely manner. AlohaCare QUEST Integration members can get help to get to their doctor’s appointments, if there are no other means of transportation.

Transportation should be arranged as soon as your appointment is scheduled. Please call AlohaCare 5 business days before your medical appointment to ensure AlohaCare can arrange your travel in a timely manner. If you need air travel, please call at least 14 days before your appointment. Your doctor will need to provide AlohaCare with information to support the need for air travel. Please contact AlohaCare directly at (808) 973-0712 Option 1 or Toll-free (877) 973-0712 Option 1.

AlohaCare will work with your doctor to help get you to your medical appointments. AlohaCare must verify your appointments and review all off-island travel. If you need to cancel or reschedule your transportation, call AlohaCare at (808) 973-0712 Option 1 or Toll-free (877) 973-0712 Option 1.

Some members may be eligible for non-medical transportation. If you have questions about eligibility for non-medical transportation, contact AlohaCare.

Transportation Options for QUEST INTEGRATION Members

Transportation is not a covered benefit for the following:

- Pharmacy
- Dental appointments
- Disability eligibility appointments
- Day habilitation
- Clubhouses or life skills training

The following methods of transportation should be used before receiving help from AlohaCare:

- Family, friends, or volunteers who can drive you to appointments. You may also be eligible for mileage reimbursement. Your Care Manager can help you with this.
- You live in a facility that can provide transportation
- Public transportation like TheBus
- Handi-Van
- Para-Transit
- If you have an approved bus pass, Handi-Van voucher, or Para-Transit, then Taxi transportation may not be a benefit.

Looking inside:

1. Connect with your Care Manager!
2. AlohaCare Basic Adult Dental
3. AlohaCare Covered Benefits
4. What you should know about Autism Spectrum Disorder (ASD)
5. AlohaCare Text Messaging

Updated Formulary Online
Suggestions to improve AlohaCare?
**ALOHACARE BASIC ADULT DENTAL**

**Just one more reason to smile**

AlohaCare launched a basic adult dental benefit to our members on January 1, 2019! We want our adult Quest Integration members to look after their dental health. Dental health is key to better physical and mental well-being.

Did you know that not looking after your dental health could have serious consequences? Poor dental health has been linked to higher rates of heart disease, premature birth and low birth weight, diabetes, osteoporosis and Alzheimer’s disease. AlohaCare offers dental coverage to help you avoid some of these health problems.

Use your current blue AlohaCare ID card at the dentist. You will not need an additional dental card.

Find a contracted dentist near you online at https://client.libertydentalplan.com/alohacare/FindADentist. You can also call Liberty Dental at (888) 704-9837.

**Benefits**

AlohaCare’s basic adult dental benefit can help you start on the road to positive dental hygiene. Adults with AlohaCare Quest Integration can enjoy the following benefits in 2019:

- COMPREHENSIVE ANNUAL EXAM OR LIMITED EXAM
- TOPICAL FLUORIDE TREATMENT EVERY SIX (6) MONTHS
- NON-EMERGENCY FILLING (COMPOSITE OR AMALGAM) OR EXTRACTION
- A FULL SET OF BITING WING AND PERIAPICAL X-RAYS
- TWO (2) ROUTINE CLEANINGS ANNUALLY

**WHAT YOU SHOULD KNOW ABOUT**

**AUTISM**

**SPECTRUM DISORDER (ASD)**

Did you know that autism is referred to as “spectrum” disorder? There can be differences in the type and severity of symptoms people may experience with autism. The most common signs of autism are repetitive behaviors, like rocking back and forth or moving objects around in a repetitive way, avoiding eye contact with others, and difficulties interacting with other children or adults. Autism effects nearly 1 in every 60 keiki nationwide. Boys are 4 times more likely than girls to be diagnosed with autism.

The direct cause of autism is not well understood. The American Academy of Pediatrics recommends that all children be screened for autism. If you notice that your child does not seem to be engaging or acting in ways that might be normal for their age please talk with your child’s doctor about it.

Although autism is a long-term condition, treatment can help to improve an individual’s level of functioning and participation in life activities. Applied Behavior Analysis (ABA) is the most common and successful form of treatment for autism. Your child’s doctor can make a referral for an evaluation if he or she notices delays in your child’s development. Your child’s AlohaCare Care Manager can help you with this process by identifying providers in our network that can provide an evaluation and ABA treatment.

You can find more information on Autism Spectrum Disorder online.

**IS THIS A COVERED BENEFIT?**

Unsure what services AlohaCare covers? A table of covered and non-covered benefits can be found in our Member Handbook. You can locate our Member Handbook online at https://www.alohacare.org/QUEST/MemberDocuments. See pages 23-39 to see what we cover.

**Updated Formulary Online**

Did you know? AlohaCare makes changes to our formulary (list of covered drugs) for both QUEST Integration and Medicare SNP plans. For the most up to date list, visit www.AlohaCare.org/Formulary.