



Teachers and Students:
Enter to win \$100 with the
AlohaCare Children's Art Contest!

Join AlohaCare in celebrating the 10th Anniversary of our Art Contest

All first place winners will receive \$100 • All teachers of the Top 12 finalists will also win \$100 for their classroom

THIS STATEWIDE CONTEST WILL FEATURE FOUR AGE GROUPS: 4-5, 6-7, 8-9 & 10-12 YEARS OLD

1. Submit a horizontal drawing using crayons, markers, colored pencils or watercolors on an 8.5" x 11" white paper that shows: **"I keep healthy by..."**
2. Choose one of the health-related categories below. Then, give an example of how you keep healthy:



PREVENTIVE HEALTH...washing my hands, brushing my teeth, getting my flu shot



MENTAL HEALTH...reading books, playing board games, doing crossword puzzles



NUTRITION...drinking lots of water, eating all my veggies, starting my day right by eating breakfast



PHYSICAL ACTIVITIES...playing kickball, dancing hula, swimming

ENTRY FORM

Cut out the enclosed entry form
and glue or tape it
to the bottom left hand corner
of the back of the drawing.

Mail to: AlohaCare
Attn: Children's Art Contest
1357 Kapiolani Blvd., Suite 1250, Honolulu, HI 96814.

Must be postmarked by February 29, 2012

*Drawings need to be original and may not include copyrighted characters.
Relatives of AlohaCare employees are not eligible. AlohaCare will keep all artwork submitted.*

AlohaCare is a non-profit health plan committed to improving the health of Hawaii's communities.